

CLASS TITLE: FABRIC JOURNAL

DAY/TIME: WED afternoon

INSTRUCTOR: Nancy Roberts

SKILL LEVEL: Confident Beginner

NO FEE



SUPPLIES:

- 1/3 yard denim for outer cover (NOTE: Check the label and feel the hand of the fabric. Some denim fabrics are made with Spandex. You don't want something too stretchy.)
- 1/3 yard cotton for lining
- 2 or more coordinating fat quarters for pockets- (Or, the 7 pockets may be cut from an assortment of scraps, each measuring at least 5" x 8")
- 2/3 yard Peltex Single-Sided Fusible Ultra Firm Stabilizer (NOTE: this product is also available in a sew-in and a double-sided fusible. Make sure to purchase Single-Sided Fusible 71F)
- Thread and wound bobbins in several colors to match and to contrast with your fabrics

For the cover:

- A special piece of fabric or embroidery to showcase (as in the denim class sample above); or sew a crazy-quilt style block directly on the craft felt as shown in the other sample –next page; or 1 pieced quilt block, 5" square (an orphan block or test block will work).
- Assortment of accent trims and fabrics such as lace, ball fringe, rick-rack, ribbons, hand-dyed or specialty fabrics that coordinate with the denim and lining
- 1 piece black craft felt

Also:

- Basic sewing supplies, including your sewing machine, rotary cutter, mat, and acrylic rulers—the 6" x 12" size is a helpful size
 - Fabric marking pen or tool that will contrast with wrong side of cover fabric (I used a black ball point pen)
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- Marking pen with disappearing ink such as a Frixion pen or vanishing fabric marker.
- Washable glue stick
- **Useful, but not required:** rotary cutter with a pinking blade; walking foot for sewing machine

Ahead of class prep:

Cutting: Cut the following pieces ready to sew-

Cut 1: 9" x 30" piece of denim

Cut 1: 9" x 30" piece of lining fabric (Use pinking blade, if desired)

Cut 4: 5" x 8" pieces pocket fabrics to coordinate with the lining (Use pinking blade, if desired)

Cut 3: 5" x 8" pieces pocket fabric to coordinate with the denim outer fabric (Use pinking blade, if desired)

Cut 4: 5 ¼" x 8 ½" pieces Peltex

Cut 1: 7/8" x 8 ½" piece Peltex

Cut 2: 3/8" x 8 ½" piece Peltex

Cut the craft felt 5" x 8" (Use pinking blade, if desired)

Collage the cover:

Collage the 5" x 8" craft felt to decorate it by sewing the special fabric piece or embroidery on the felt, adding trims and embellishments. Or sew a crazy-quilt style block directly on the craft felt, as in the photo below. (Start with a 5-sided piece placed on the felt, right side up, and sew scrap pieces to each side in a round to cover the felt. Trim any pieces that extend beyond the edges. Use decorative machine stitching to embellish the seams.) Or sew the pieced block on the felt and sew on any trims, fabric strips, and decorative topstitching you wish. Make it showy- this will be the cover of your journal.